## **Englanti**

### Children's wonderland

Sundays from 5 P.M. to 7 P.M.

The Children's wonderlands invite children aged 1 to 12 living in Turku to have fun, free of charge! Wonderlands offer opportunities for varied exercise and play for the whole family. The activities are supervised but not guided, which means that each child must be accompanied by an adult.

Wonderlands can be found in several locations around Turku. Let's get moving!

Locations, opening hours and special schedules: turku.fi/sv/underland

Additional information: tel. +358 (0)50 554 6219

Facebook: Children's wonderland

# Adapted physical activity groups for children and young people During weeks 36 to 49 and 2 to 18

The groups are meant for children and young people who need special support in physical activity and are looking for an enjoyable hobby. Every week, there are several different exercise groups where participants can experience the joys of success and exercise. Come exercise, dance, play games and swim with us!

Additional information: turku.fi/sv/anpassadmotion -> seasonal brochure for children's adapted physical activity groups.

#### Leisure activities as part of the school day

Practice basic motor skills and enjoy a variety of activities both indoors and outdoors!

Leisure activities are organised free of charge on school days during weeks 36 to 49 and weeks 2 to 18 (excluding school holidays). Please contact your school's own contact person or your child's teacher to learn more about leisure activities at your school.

School-specific activities have been listed here:

turku.fi/harrastelukkarit

#### MIHI

During weeks 36 to 49 and 2 to 18 (not during week 8).

The MIHI programme offers young people between the ages of 12 and 19 time slots in Turku for over 40 different types of sports, free

of charge. The selection is varied and includes both individual and team sports. In addition to sports, it is possible to independently use The Kupittaa skating rink and to go cross-country skiing in Impivaara (equipment free of charge). Young people can also book a time slot at a school in Turku just to have fun and play sports together. You do not need to sign up for Mihi time slots in advance (excluding billiards and laser tag).

Additional information: jorma.fisk@turku.fi or tel. +358 (0)50 554 6250

Check it out: mihi.fi

#### Schools' outreach activities

Several comprehensive schools in Turku have an outreach programme for leisure activities. The service is meant for partner school students who have not yet found a leisure activity that they enjoy. The schools have their own contact person who is responsible for outreach activity and who helps and guides students in finding a meaningful hobby.

# Further information: turku.fi/koulujen-etsiva-harrastustoiminta

# Kivaloma kulmilla programme

The Kivaloma kulmilla programme consists of free, varied and fun activities for primary schoolaged children during school holidays in the summer, autumn and winter. Activities are organised in several locations around Turku.

Check out **turku.fi/kivaloma** or Kivaloma on Facebook for more information.